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21



ALI HILL, CHAIRMAN



The
**Peanut Institute
Foundation**

Honor Roll of Investors

20
21

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American Peanut Shellers Association
Birdsong Peanuts
Coastal Growers, LLC
Golden Peanut & Tree Nuts Company
Olam Peanut Shelling Company, Inc.
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PLATINUM LEVEL

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Hershey
Mars Wrigley
Texas Peanut Producers Board

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LMC
National Peanut Buying Points Association
Olam Edible Nuts
Panhandle Peanut Growers Association

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Peanut & Tree Nut Processors Association
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RCB Nuts, LLC
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SGL International, LTD
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Vicam, A Waters Business

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Cablevey Conveyors
Dothan Warehouse
EWR, Inc.
Forrester Seed, Inc.
Mauldin & Jenkins, LLC
National Peanut Brokers Association
Peanut Growers Cooperative Marketing Assn.
Satake USA, Inc.
Southeastern Gin & Peanut
Specialty Sales Company
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Entech Systems Corporation
Georgia Ag Logistics
H.R Bert Pena, Esquire
Hubbard Peanut Company, Inc.
International Service Group
Mississippi Peanut Growers Association
Oklahoma Peanut Commission
Once Again Nut Butter, Inc.
Pardoe's Perky Peanuts, Inc.
Scales, Systems & Automation, LLC
Triangle Chemical Company
Virginia Peanut Growers Association
Whitley's Peanut Factory, Inc.

The Peanut Institute Foundation Research Report



New Research Awarded for 2021-22



University of Barcelona, Spain

Peanuts/Peanut Butter & Oxidative Stress

Details: Research evaluating the effect of peanut and peanut butter consumption on oxidative stress and the aging process. This study will also explore the genetic mechanisms related to intake.



Loma Linda

Peanuts & fMRI Brain Activation

Details: Research using functional MRI imaging (fMRI) to explore the effects of peanut intake on task-related brain activation and cognitive functions in older adults with memory complaints.



Mississippi State

Peanuts & Mental Health / Depression

Details: Randomized control trial studying the implications of daily peanut consumption on depression, cognitive function, and biomarkers for metabolic health in college students.



Virginia Tech

Peanuts/ Peanut Butter & Lean Mass Gain in Athletes

Details: Research exploring the role of peanuts in healthy weight gain in military personnel and athletes. The study will also examine hormone, blood, and fitness measurements.

TPIF Scholars Award Recipients 2021



Syracuse University

Genetic Impact of Peanuts/Peanut Butter in Children Participating in WIC

Details: Research evaluating the role of peanut intake and nutritional status on pediatric inflammation and oxidative stress in children participating in WIC.



University of Milan, Italy

Peanut Butter & Pre-Clinical Cardiovascular Disease

Details: Research exploring the beneficial effects of a peanut butter meal on lipid metabolism, endothelial dysfunction and raise of circulating neutrophils count in pre-clinical cardiovascular disease.



Auburn University

Peanut Powder & Recovery in Surgical Patients

Details: Research examining the effects of a peanut protein supplementation on changes in muscle size and quality in patients undergoing total knee replacement.

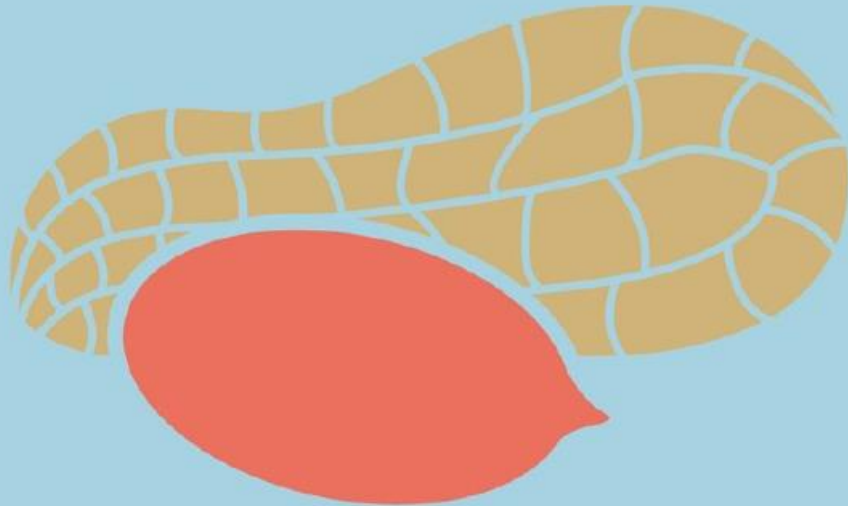


Harvard University

Peanut Bioactives & the Prevention of Autism

Details: Cellular study modulating the maternal gut microbiota by peanut bioactive components to explore the prevention of autism in offspring.

What Can **PEANUTS** Offer?



Cognition



Mental Health



Fitness



Healthy Aging



Metabolic Syndrome



Plant Based Nutrition



Heart Health & more!

TPI Communications Snapshot ...

SOCIAL MEDIA



↑26%



↑130%



↑45%



↑51%



↑74%



↑123%

Growth over 2 years

WEBSITE

22k
avg.

visits per month
Over 2x more than last year

INFLUENCERS

5+

million impressions
2 million more than last year

Stop for a Peanut Pause, and Power Through Your Day!
Take a quick break for a serving of peanuts or peanut butter every day and feel the amazing health benefits for years to come.

PEANUTPAUSE



Science Made Simple Video Series

This video series visualizes the health benefits of peanuts and peanut products in animated form and is available on the TPI website and YouTube.



PEANUTS...



A SuperFood for a Healthier World.



WE ♥ AMERICAN HEART MONTH



HOW PEANUTS POWER HEART HEALTH



Stay well. Stay safe.
Stay nourished.



Defend Against **DIABETES** with **PEANUTS**



SCIENCE OF A SUPERFOOD

Nuts like peanuts are associated with better performance in cognition and language



EAT PEANUTS!



REDUCE RISK OF TYPE 2 DIABETES IN WOMEN BY 21%



SCIENCE OF A SUPERFOOD

Studies show polyunsaturated fats in peanuts support healthy brain development.



Science of a Superfood:

Making peanuts a regular part of your diet decreases heart disease risk.

RESEARCH SHOWS

PEANUTS

CAN HELP FIGHT DEPRESSION



PEANUTS & METABOLIC SYNDROME



The Peanut Institute
**ANNUAL
REPORT**



HIGHLIGHTS...
NEW RESEARCH PROJECTS
ONGOING STUDIES
TPIF SCHOLAR RECIPIENTS
COMMUNICATIONS
HONOR ROLL



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21

**Pick up a copy
today!**

Thank You

